



HOLY CROSS PRIMARY SCHOOL NEWSLETTER

19TH JUNE 2020 — NO.30



Message from the Headteacher

Dear Parents,

Happy Fathers' Day for all you dads out there on Sunday! I hope your children spoil you!

Another busy week in school has gone by and the children and staff continue to obey our vigilant systems alongside the learning. Next week we will need to open another pod for key workers so some staff have been re-directed from the remote learning monitoring duties to being responsible for a pod. Unfortunately we continue to have no room in any of the other year group pods in school and CAST have made it clear that we are unable at this stage to offer places for any other year groups

We continue to provide home learning for all pupils at home. The class teachers have been setting the work. Mrs Chantler will continue to monitor what the Year 5 and 6 are doing. Miss Bailey will be doing the same for Years 3 and 4. The Key Stage 1 teachers will try to keep an eye on how you are doing as will the foundation stage teachers. Keep the work coming in and they will all try their best to keep up with monitoring, although it may not be possible to do so straight away. This is a continually changing situation where we have to adapt to new demands week by week.

We are also still delivering weekly food hampers for 40 pupils - and I know this has been appreciated. All the staff have been amazing in doing tasks above and beyond what is normal.

We were successful in our appointments of staff to cover our two staff members who will be going on maternity leave later in the Autumn term. We look forward to welcoming Miss Ormston and Miss Hannaford to the teaching team when Miss Bailey and Mrs Chantler begin their maternity leave.

It was really great to gather all the staff for the first time in a long time this week where they were addressed by the incoming Headteacher, Mrs Gill. She shared a bit about herself and how she sees the journey forward. It is difficult for her as she would just love to be in and get to know us all, parents included, before she starts in September. All were impressed and reassured by what Mrs Gill had to say.

You continue to be in our prayers. Here is our Ten Ten resources link for anyone who would like it to support with your own family worship.

<https://www.tentenresources.co.uk/primary-subscription/prayers-for-home/sunday-liturgy-for-families/>

Take care everyone and Godbless,

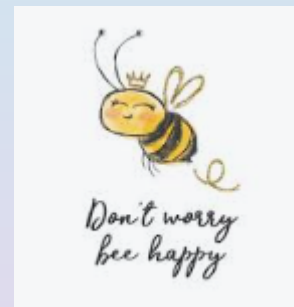
Mr Cotter
Headteacher

pcotter@holycross.plymouth.sch.uk

Liturgy in School

The theme for our prayer and worship next week is:

Don't Worry



Dear Jesus, please be with anyone who is anxious today. Help them to find solutions where possible for the things that are worrying them. Help them to trust in you and know your peace. Amen.

PAY FOR SCHOOL MEALS, TRIPS, CLUBS AND MUCH MORE...

STAY CONNECTED
about coronavirus (Covid-19)

Sign up for email updates with the latest news and information at bit.ly/plymouthemailalerts

plymouth.gov.uk/covid-19

EMOTIONAL WELLBEING AND MENTAL HEALTH

Key services for children, young people and families to contact in PLYMOUTH

NHS **Livewell** **kooth** **YOUNG DEVON** **PLYMOUTH CITY COUNCIL**

CAMHS
FOR: CHILDREN AND YOUNG PEOPLE UNDER THE AGE OF 18 / PARENTS / CARERS
 All children and young people struggling with their mental health can call the helpline for advice and support.
 Parents, carers and families or professionals with concerns about a young person's mental health can also call the number.
 24 hours a day, every day including over the weekend
 HELPLINE CONTACT: 01752 435122



KOOTH
FOR: SECONDARY SCHOOL AGE YOUNG PEOPLE
 Free, safe and anonymous online support for young people.
 Monday to Friday 12pm to 10pm
 Saturday to Sunday 6pm to 10pm
 CONTACT: www.kooth.com/index.php or search for Kooth on a search engine

(this service provides web based information and advice along with chat based conversations and forums)



YOUNG DEVON
FOR: SECONDARY SCHOOL AGE YOUNG PEOPLE
 Someone to talk to for young people concerned about their mental health or emotional wellbeing.
 Available remotely through video calls, phone calls, messaging or email at flexible times to suit young people.
 ♦ Wellbeing – confidential and safe conversation with one of our Team to share any concerns you may have and consider further support.

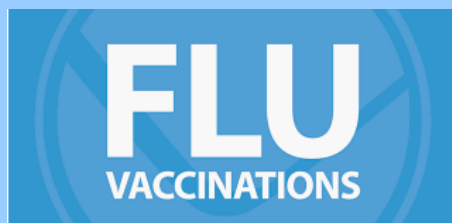
- ♦ Counselling – receive counselling support
- ♦ Wellbeing café – where a group can share issues, concerns and develop coping skills / strategies helped by one of our Team

CONTACT:
 Call: 08082 810 155 (Monday to Friday 9am to 5pm)
 Email: wellbeingenquiries@youngdevon.org
 Website: www.youngdevon.org

Key websites

POD www.plymouthonlinedirectory.com (includes SEND local offer)
 Young Devon www.youngdevon.org/coronavirus-resource-hub-covid19-wellbeing-toolkit
 Kooth www.kooth.com/index.php
 Progeny* www.thezoneplymouth.co.uk/our-projects/mental-health-and-emotional-wellbeing/progeny

*Progeny is a whole school approach to supporting emotional health and wellbeing across school communities by working with schools and key partners.



Register your child for this year's winter flu vaccination.

Children in school years Reception to Year 6 in September 2020 are eligible for a Free Nasal Childhood Flu Vaccination.

The flu vaccination will be delivered at Holy Cross School on 14th October 2020.

The vaccination will be administered adhering to all up to date Infection Control, PPE and social distancing guidance at the time.

Flu vaccination is one of most effective interventions we have to reduce pressure on the health and social care system, which is going to be more important than ever this year. For this reason, it is essential the vaccine is delivered to as many children as possible to prevent the spread of infection to those most at risk in society.

In light of the above, the Immunisation Team are expecting demand to be high and therefore they urge you to follow the below link to consent to your child's vaccination. You will also find answers to your FAQ's on this link. Please go to:

<https://schoolimms.virginicare.co.uk/flu/2020/devon>

If you have any difficulties with completing the consent form please contact the Virgin Care Immunisation Team on their Single Point of Access (SPA).

Tel: 0300 247 0082 Email: vcl.immunisations.nhs.net



Mayflower 400 Opportunities

The Imperfect Orchestra

A new project has been launched to inspire people to make music, connect with others and create something new. 'You Are Welcome Here' aims to develop international and Cultural inclusivity within The Imperfect Orchestra and the wider music community in Plymouth.

If you live in Plymouth and are a foreign national, immigrant, refugee, international student, or have a non-British cultural heritage, Imperfect Orchestra invites you to record music, video, spoken word and any other form of sound, and to share what reminds you of 'home' - Whether that's Plymouth, or somewhere else.

Unity Through Sport

Unity Through Sport invites people to take up the challenge of doing 400 miles in 66 days in the Mayflower 400 Mile Challenge. Designed to get people active during lockdown, as well as commemorate the sailing of the Mayflower from Plymouth to America in 1620, participants must complete their challenge in 66 days - the same amount of time it took the Pilgrims to cross the Atlantic. Activities could include:

- Cycling
- Socially distanced running
- Stay at home stair challenges alone or with family
- Attempt 400 sit-ups, press-ups or skipping reps in 66 days

Unity Through Sport is also running a Crowd Funder to raise £400 to start a new children's basketball team called the 'UTB Pilgrims'. The money raised will go towards new kit and training equipment for when it is finally safe to go back to playing basketball.

Be the Voice of the new Trails App

Freelance voice artists are being given an exciting opportunity to narrate three trails in the upcoming Plymouth Trails app. The Plymouth Trails project, funded by Plymouth City Council, National Lottery Heritage Fund, Great Western Railway, Mayflower 400 and Plymouth Waterfront Partnership, will see the launch of an app containing three core trails: Mayflower, Hoe and City Centre Trails, plus partner trails. Organisers are looking for a voice with an authentic Plymouth accent. Experience is advantageous, but not essential.

For more information and for details of how to enter any of the above just go to : -

Mayflower400uk.org/news/2020/may/take-on-the-mayflower-400-challenge-and-stay-active-during-lockdown/