

Holy Cross Explorers

38 Things to Do Before You Leave

Key Stage 1 Young Explorers



Name:



**Our school Mission Statement plays an important part in our hope
and expectations for the children.**

I can be the best I can be...

Welcome to your book of

38 Things to do Before You Leave Key Stage 1 - Young Explorers

In the book, you will find many different activities for you to complete over the course of the year, all of which will help you to build your resilience, confidence and independence.

They will also help you know how to keep physically and mentally healthy at each stage of your education. The activities include many different ways to do this, for example, through sport, creativity and volunteering. At the top of each page, you will find the activity that you need to complete. The rest of the page is for you to show your evidence of how and what you did . This may be photographs, drawings, letters or a piece of writing - how you choose to evidence it is up to you! When you have completed an activity, bring your book into school for your teacher to sign and date.

At the end of the year, if you have completed all of your activities you will receive an award that you can be very proud of. The award will be presented to you in a special assembly (your family will be invited too!)

Remember, take pride in this book as it will show how hard you have worked to demonstrate what an independent, confident person you are becoming. Take your time but most of all...enjoy completing them.



Contents

1. Use a knife and fork
2. Eat something you have grown
3. Join the library
4. Roll down a hill
5. Play a ball game
6. Play a board game
7. Try a new food
8. Feed the ducks
9. Go on a bug hunt
10. Jump in a puddle
11. Write your full name
12. Buy a stamp and post a letter
13. Learn your date of birth
14. Write a list and go shopping
15. Make a sandwich
16. Learn your address
17. Build a den
18. Go fruit picking
19. Learn a phrase in a different language
20. Learn a card game
21. Have a teddy bears picnic
22. Go crabbing
23. Bake a cake
24. Grow a plant
25. Build a sandcastle
26. Learn a story off by heart
27. Perform a song
28. Go on a bus
29. Make a paper aeroplane
30. Read a story under a tree
31. Run through fallen leaves
32. Play hide and seek
33. Make a card
34. Fly a kite
35. Create a family portrait
36. Paint with your fingers
37. Use chopsticks
38. Create a poster for staying safe in the sun

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