



HOLY CROSS CATHOLIC PRIMARY SCHOOL
Executive Headteacher
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Dear Parents /Carers

Friday 14th December 2018

Swimming

Year 3 swimming commences the first week back after the Christmas break, beginning on **Monday 7th January** and running daily for three weeks.

Everyone Active School Swimming Lessons provide an ideal environment for your child to learn to swim, gain water confidence and try new aquatic skills. The swimming lesson programme adheres to the ASA Learn to Swim Framework and National Curriculum Key Stage 2 skills (the guidelines set by the government as the standard level of swimming for primary school leavers).

The lessons are delivered by the staff at Plymouth Life Centre. They are a highly trained and qualified team of teachers and assistant teachers, so you can be absolutely confident that they will provide your child with quality teaching in a safe environment.

The children will be transported to the Plymouth Life Centre in the morning by coach and will attend a thirty minute lesson. They will be taught to swim, learn basic Water-Polo skills and in some cases experience diving and rookie lifeguarding.

Your child will need to bring a swimming kit every day consisting of costume and towel (goggles are allowed). All girls should wear a one piece costume and boys' shorts must be above the knees. No jewellery should be worn and long hair needs to be tied up.

The children will be back in school before lunch time so lunch orders will not be interfered. If you have any questions please contact Mrs Chantler, Mrs Dyson or Miss Glassock.

Thank you, as always, for your support.

Kind regards

Mrs Chantler, Mrs Dyson and Miss Glassock